

**MARLBOROUGH AREA BOARD**  
**MARLBOROUGH HEALTH AND WELLBEING GROUP**  
**PROGRESS REPORT AND UPDATE JANUARY 2023**

The following report provides an update on the progress and plans of the Health and Wellbeing Group.

**1. 'Relaunch' event – 7<sup>th</sup> October 2022**

The Group aimed to expand its focus and membership following the Covid 19 pandemic and held a re-launch tea party on 7<sup>th</sup> October 2022 which aimed to:

- publicise the role of the Health and Wellbeing Group
- invite new members to join the Group
- promote the availability of Health and Wellbeing grants
- facilitate networking between attendees
- develop a future work programme

MP Danny Kruger attend in addition to representatives from a range of local organisations associated with health and wellbeing. We were pleased to welcome the distinguished national Public Health clinician Sir Muir Gray CBE who introduced the national '**Live longer better**' Programme ( <https://www.livelongerbetter.uk/> ) as we explored the potential to launch the programme in the Marlborough area.

Thanks are due to Councillor Jane Davies and Andrew Jack who provided valuable support in organising the event.

**2) New areas of focus**

Following the October event progress will continue to be made to develop proposals including:

- the appointment of an Older Persons and Carers' Champion (part time role),
- a mapping and gapping exercise to identify areas requiring further support
- u3a in Kennet assisted Sir Muir in the development of the 'Live Longer Better' programme resources as the precursor to wider roll out
- exploring other sources of funding

**3) Funding bids**

Funding bids to support the local Cost of Living crisis initiatives have been awarded to Marlborough Town Council and St Peter's Church.

Group members considered and supported the Greatwood Charity's funding bid to build on a former project using retired race horses to provide therapy for Care Home residents. It was hoped that, if deemed successful, the project could be extended further.

**Jill Turner,**

**Chair, Marlborough Health and Wellbeing Group**

**December 2022**